


OCTOBER 2011 revised 10/18/11

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 6:00 - 8:00 AM Silver/Gold Free Skate 7:30 - 8:00 AM Off-Ice Privates	3 3:15 - 4:00 PM Silver Flexibility & Dance 3:15 - 4:15 PM Bronze Academy 4:00 - 4:45 PM Gold Flexibility & Dance 4:15 - 5:00 PM Silver Free Skate 5:00 - 5:15 PM Silver Stroking 5:00 - 6:00 PM Parent Information Meeting 5:30 - 6:00 PM Preliminary+ Dance 6:00 - 6:15 PM Senior Bronze+ Dance 6:15 - 6:45 PM Silver/Gold Group Enrichment 6:45 - 7:45 PM Gold Free Skate	4 3:15 - 4:00 PM Silver Group Enrichment 3:15 - 3:45 PM PA/Open Off-Ice Jumps 4:00 - 4:45 PM CanSkate/Pre-Power 4:15 - 4:45 PM Open Off-Ice Jumps 5:00 - 5:30 PM Skills 5:30 - 6:15 PM Silver/Gold Free Skate 6:00 - 7:30 PM Meet the Coaches	5 6:00 - 7:00 AM Silver/Gold Free Skate 7:15 - 8:00 AM Silver/Gold Off-Ice	6 1:45 - 2:45 PM Open Free Skate 2:45 - 3:00 PM Open Stroking 3:00 - 3:45 PM Bronze Academy 3:00 - 3:30 PM PA/Open Off-Ice Jumps 3:45 - 4:30 PM CanSkate/Pre-Power 4:00 - 4:30 PM Open Off-Ice Jumps 4:45 - 5:15 PM Skills 5:15 - 6:00 PM Silver/Gold Free Skate 6:00 - 6:30 PM Silver/Gold Group Enrichment	7 6:00 - 6:30 AM Dance 6:30 - 7:30 AM Silver/Gold Free Skate 7:30 - 8:00 AM Silver/Gold Group Enrichment	8 
9 6:00 - 7:15 AM Silver/Gold Free Skate 7:30 - 8:00 AM Off-Ice Privates	10 THANKSGIVING DAY 3:15 - 4:45 Open Free Skate	11 3:15 - 4:00 PM Silver Group Enrichment 3:15 - 3:45 PM PA/Open Off-Ice Jumps 4:00 - 4:45 PM CanSkate/Pre-Power 4:15 - 4:45 PM Open Off-Ice Jumps 5:00 - 5:30 PM Skills 5:30 - 6:15 PM Silver/Gold Free Skate	12 6:00 - 7:00 AM Silver/Gold Free Skate 7:15 - 8:00 AM Silver/Gold Off-Ice	13 1:45 - 2:45 PM Open Free Skate 2:45 - 3:00 PM Open Stroking 3:00 - 3:45 PM Bronze Academy 3:00 - 3:45 PM Silver Group Enrichment 3:00 - 3:30 PM PA/Open Off-Ice Jumps 3:45 - 4:30 PM CanSkate/Pre-Power 4:00 - 4:30 PM Open Off-Ice Jumps 4:45 - 5:15 PM Skills 5:15 - 6:00 PM Silver/Gold Free Skate 6:00 - 6:30 PM Gold Group Enrichment	14 6:00 - 6:30 AM Dance 6:30 - 7:30 AM Silver/Gold Free Skate 7:30 - 8:00 AM Silver/Gold Group Enrichment	15
16 6:00 - 7:15 AM Silver/Gold Free Skate 7:30 - 8:00 AM Off-Ice Privates	17 12:00 - 2:00 PM Board Meeting 3:15 - 4:00 PM Silver Flexibility & Dance 3:15 - 4:15 PM Bronze Academy 4:00 - 4:45 PM Gold Flexibility & Dance 4:15 - 5:00 PM Silver Free Skate 5:00 - 5:15 PM Silver Stroking 5:30 - 6:00 PM Preliminary+ Dance 6:00 - 6:15 PM Senior Bronze+ Dance 6:15 - 6:45 PM Silver/Gold Group Enrichment 6:45 - 7:45 PM Gold Free Skate	18 3:15 - 4:00 PM Silver Group Enrichment 3:15 - 3:45 PM PA/Open Off-Ice Jumps 4:00 - 4:45 PM CanSkate/Pre-Power 4:15 - 4:45 PM Open Off-Ice Jumps 5:00 - 5:30 PM Skills 5:30 - 6:15 PM Silver/Gold Free Skate	19 6:00 - 7:00 AM Silver/Gold Free Skate 7:15 - 8:00 AM Silver/Gold Off-Ice	20 1:45 - 2:45 PM Open Free Skate 2:45 - 3:00 PM Open Stroking 3:00 - 3:45 PM Bronze Academy 3:00 - 3:45 PM Silver Group Enrichment 3:00 - 3:30 PM PA/Open Off-Ice Jumps 3:45 - 4:30 PM CanSkate/Pre-Power 4:00 - 4:30 PM Open Off-Ice Jumps 4:45 - 5:15 PM Skills 5:15 - 6:00 PM Silver/Gold Free Skate 6:00 - 6:30 PM Silver/Gold Group Enrichment	21 NON-INSTRUCTIONAL DAY BC COAST SK&FEST 6:00 - 6:30 AM Dance 6:30 - 7:30 AM Silver/Gold Free Skate 7:30 - 8:00 AM Silver/Gold Group Enrichment	22 BC COAST SK&FEST
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30 6:00 - 7:15 AM Silver/Gold Free Skate 7:30 - 8:00 AM Off-Ice Privates	31 HALLOWE'EN 3:15 - 4:45 Open Free Skate	1 3:15 - 4:00 PM Silver Group Enrichment 3:15 - 3:45 PM PA/Open Off-Ice Jumps 4:00 - 4:45 PM CanSkate/Pre-Power 4:15 - 4:45 PM Open Off-Ice Jumps 5:00 - 5:30 PM Skills 5:30 - 6:15 PM Silver/Gold Free Skate	2 6:00 - 7:00 AM Silver/Gold Free Skate 7:15 - 8:00 AM Silver/Gold Off-Ice	3 1:45 - 2:45 PM Open Free Skate 2:45 - 3:00 PM Open Stroking 3:00 - 3:45 PM Bronze Academy 3:00 - 3:45 PM Silver Group Enrichment 3:00 - 3:30 PM PA/Open Off-Ice Jumps 3:45 - 4:30 PM CanSkate/Pre-Power 4:00 - 4:30 PM Open Off-Ice Jumps 4:45 - 5:15 PM Skills 5:15 - 6:00 PM Silver/Gold Free Skate 6:00 - 6:30 PM Gold Group Enrichment	4 NON-INSTRUCTIONAL DAY 6:00 - 6:30 AM Dance 6:30 - 7:30 AM Silver/Gold Free Skate 7:30 - 8:00 AM Silver/Gold Group Enrichment	5 